

THE ULTIMATE GUIDE TO

Keto BAKING

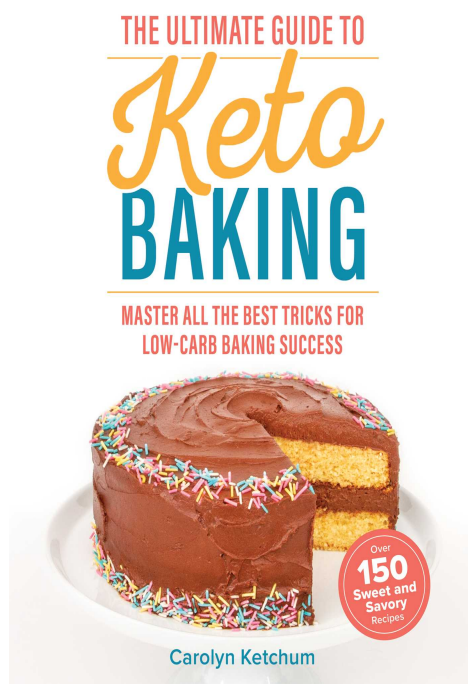
MASTER ALL THE BEST TRICKS FOR
LOW-CARB BAKING SUCCESS



Over
150
Sweet and
Savory
Recipes

Carolyn Ketchum

* Big Book of Ketogenic Baking *



Books Details

Author : Carolyn Ketchum Pages : 416 pages Publisher : Victory Belt Publishing
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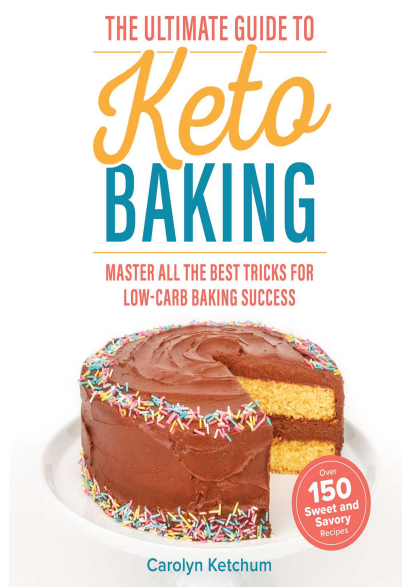
Books Descriptions

Grab an apron and your favorite mixing bowl and get ready to dive in as Carolyn Ketchum brings her passion for low-carb baking to life in The Big Book of Ketogenic Baking. The creator of the popular blog All Day I Dream About Food and the author of several beloved cookbooks, Carolyn is famous for her delectable recipes for low-carb baked goods (among other keto dishes). With this comprehensive cookbook dedicated to ketogenic baking, you too can create mouthwatering baked goods that will satisfy every craving while keeping your body healthy and keto-adapted. Your family and friends may not even realize that these recipes are keto! Whatever kind of baking you're looking to do, The Big Book of Ketogenic Baking features over 120

recipes and has you covered with a wide variety of sweet and savory recipes for everything from breads and muffins to pizza crust to cookies, cakes, and pastries, all gluten-free and keto-friendly. Carolyn walks you through each technique step by step while



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